

**Osuna Park Neighborhood Association**  
**Minutes – General Meeting and Election of Board Members**  
**9 August 2008**

Meeting convened at 1:00pm outside the Osuna School Cafetorium by President Jackie Loftus. There were 28 people in attendance initially, with all of them members in good standing, including new members signed up during the Barbecue and registration period before the meeting started.

Prior to the meeting, OPNA sponsored a children's Bike Rodeo in the school's parking lot at 10:00am. Member Jesse Bock had made arrangements with the City of Albuquerque for their Youth Program to sponsor the Rodeo, and well over a dozen neighborhood kids took part. The Rodeo consisted of a class on safety, technique, and rules-of-the-road, followed by individual runs through an obstacle course set up in the parking lot. The course included stop and yield signs, an aggressive dog station, simulated rocks and other debris to be avoided, and an intersection. Afterwards there was a wrap-up class and summary. All who took part or watched thought it was quite well done and a worthwhile event.

Following the Rodeo, members of the outgoing Board served BBQ and all the fixings to approximately 40 people for a nominal charge. Jackie Loftus reported later that OPNA stayed "in the black" on costs. This or a similar event will be discussed for future meetings.

Also present from the end of the Rodeo through the lunch time was a pumper truck and crew from the Albuquerque Fire Department. They did not have a formal presentation to the members, but did offer tours of the truck to all who wished and provided an informational handout. Just before the Annual Meeting convened, the truck and crew had to leave on an emergency call.

The Annual Meeting included several announcements, including notice of the completion of the Eubank Median Project which OPNA helped design at the annual meeting in 2007, an update on crime and its prevention, and notice of the new Neighborhood Watch on a section of Dona Rowena NE, and the first announcement of the OPNA Yard Sale to be held at the school on the last Saturday in September (the 27<sup>th</sup>). Separate publicity for the Yard Sale will be started by the end of the month.

Our guest speaker was Mr. Mike Lichtenberger of R. Downs Nutrition Centers. Mike gave an in-depth but easy to follow presentation on the state of nutritional health, and especially on the results of recent studies on the efficacy of various medicines when interacting with other chemicals and drugs in the body of a sick person. Some of his points included:

- Fish oil is really good, especially if you cannot get it in your diet.
- ACE inhibitors can disturb the body's potassium level.
- Red spots and blood blisters – check your vitamin K.
- Do not take any thyroid medicine with milk.
- Take vitamin C if you are on anti-inhibitors.
- Take folic acid and vitamin B<sub>12</sub> if you are on an anti-depressant.

And many more, including a lively question session fielded from the floor.

After a short stretch break, the meeting resumed with election of the new OPNA Board members. The slate of candidates was presented, with four persons to fill the positions of five members whose terms were expiring. One member was nominated from the floor for the fifth position. A motion carried to elect the slate by a single vote, and that vote followed immediately and was unanimous. Those elected were Barbara Rosazza, Laura Bernd, Marca DeLaPorte, Jackie Loftus, and Shelby Vering. Following the adjournment of the Annual Meeting, the Board met to elect officers: Those are:

- President – Jackie Loftus
- Vice president – Patsy Stell
- Secretary – Shelby Vering
- Treasurer – Gary Hoe

The other five members are Members-at-Large. Gary will get with Shelby to turn over the Secretary's records, and with Laura or Jackie at the bank to add his signature card to the account.

The Treasurer was absent due to travel and her report will be added to the record later.

The membership report stated we have 136 residential members and 6 business members currently, plus two free memberships for the School and for a police officer who lives in the neighborhood. Of these 142, most have email and are on the Email Alert/Announcement List. The remainder are called by volunteers over the telephone. In 2008 so far, we have 12 new members, 15 members from 2007 who have not renewed, and 1 who moved out of the neighborhood and probably will not renew.

There being no further business or presentations to make, members' attendance tickets were drawn for door prizes and the meeting adjourned at 2:04pm.

Respectfully submitted,

Gary L. Hoe