

EUBANK

President's Message

Hello Everyone,

I would like to wish you all a Merry Christmas, a Happy Hanukkah, and the hopes of a good New Year. As we enter the time of the Winter Solstice, I would like to ask that everyone please take the time to say hi to your neighbors and keep an eye out on their places as they hopefully will do for you. While this is a time of year to be with family, it is also the time of year where home burglaries seem to go up. Knowing my neighbors will call 911 or 242-COPS if they see something amiss at my house gives me a peace of mind when I am not there. Hopefully it you also. (cont. pg. 2)

CrimeWatch Report

Two of us represented OPNA at the Albuquerque Block Captains Conference October 22, 2011. Here is a brief summary of the information-packed presentations. Most of the time was spent discussing property crimes, which the Mayor and Chief of Police have made a priority in this administration. Presentations were given by Cdr. Cliff Saylor (APD Foothills Substation), Lt. Scott Lopez (APD Property Crimes Unit), and Steve Sink (Neighborhood Watch and Crime Prevention Specialists Coordinator). There was also a report from the Zoning and Planning Office, which I will post later on the OPNA web site.

Albuquerque has about 1/2 million inhabitants. The number of persons in the City on workdays swells to about 750,000, due to commuters from out-lying communities. To serve these, APD has 1,054 officers, who work in three shifts. It is vital that citizens see themselves as the eyes and ears of the police. You need to get to know your neighbors and look out for each other. Information, especially accurate descriptions of suspects and vehicles and even a few numbers of a license plate provided to the police by you can be very helpful. (cont. pg. 7)

Inside...Recipes, OPNA board news, and more

www.osunaparkna.org

WYOMING

4th Quarter 2011

BEAR CANYON ARROYO

Volume 7 Issue 5

MONTGOMERY

A message from OPNA President
Stephen Smoogen

(cont. from pg. 1)

To tell you the truth, I have a horrible time meeting people even if I live next to them. I am a pretty shy person, and I have a horrible time remembering names. [My wife knows that if I get a blank look when speaking with her that she needs to say her name.. sometimes she puts in someone else's name to see how long I will use it before I get it straight.] In order to break the ice with people who I should know better, I find telling that straight up and bringing some home cooked cookies or cakes helps quite a bit. People can forgive a host of sins over a pumpkin cake loaf or a doughnut.

As you can see, I am serving a bit longer as President of the Association. I would like to thank our new board members, Penny Hoe, Camron Lewis and Terry O'Brien for volunteering and thank our departing members, Marca DeLaPorte, Ellen Interlandi, and Gary Hoe for their many years of service. We currently have 2 empty board seats for people who would like to join our merry band of misfits. I would be remiss in thanking our two returning members, Shelby Vering and Barbara White. Finally I would like to thank all the people who helped out at the Autumn cleanup that Gary Hoe supervised. I had to miss my shift due to a sick dog, but was happy to see that we collected as much as we did.

Finally, I would like to thank the many people in our neighborhood who have given so much for others. From our many Military service members to the many Moms and Dad's who volunteer at the local schools, we have a very giving and nice neighborhood. One that I am happy to live in and call home.

Thank you
Stephen Smoogen

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The Kids' Dentist
293-7101

thekidzdentist@yahoo.com

Nancy Hughes

Independent Aflac Representative
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Dr. Marifer Martinez-Lujan

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By God's Grace



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- Power Washing
- Welding
- Local Area Moving



We can do all things through Christ Who strengthens us Phil 4:13

Clean Up After Your Dogs

- It's The Neighborly Thing to Do

by one of our OPNA CrimeWatch Block Captains

In 1991, the Environmental Protection Agency (EPA) deemed pet waste a "nonpoint source of pollution," which put it in the same category as oil and toxic chemicals! Pet waste is actually toxic to your lawn, causing burns and unsightly discoloring.

Beyond your grass, it has been estimated that a single gram of dog waste can contain 23 million fecal coliform bacteria, which are known to cause cramps, diarrhea, intestinal illness, and serious kidney disorders in humans. EPA even estimates that two or three days' worth of droppings from a population of about 100 dogs would contribute enough bacteria to temporarily close a bay, and all watershed areas within 20 miles of it, to swimming and shell fishing. (cont. pg. 6)

New Members, Old Recipes

Your Osuna Park Neighborhood Association Board met on October 23, 2011, to elect officers for 2011-2012.

Board members left to right: Carl Abrams, Penny Hoe (Secretary & Crime-Watch), Camron Lewis (Vice President), Barbara White (Membership), Terry O'Brien (Treasurer), and Stephen Smoogen (President).
Shelby Vering (Signs & Publicity) (at right).



Other non-Board Committee

Chairs (not shown): Gary Hoe (Neighborhood Clean-Up Days & OPNA Web Site), Mike Brumbach (Newsletter Editor), Tatia Veltkamp (Neighborhood Yard Sale Day), and Marca DeLaPorte (Newsletter Delivery Coordinator).

Temptation Cookies

Barbara White

- 1 stick butter, unsalted and softened
- 1/2 cup white sugar
- 1/2 cup packed brown sugar
- 1/2 cup peanut butter
- 1 egg
- 1/2 tsp vanilla
- 1 1/4 cups all purpose, unbleached flour
- 3/4 tsp baking soda
- 1/2 tsp salt
- 36 (approx.) miniature chocolate covered peanut butter cups, unwrapped



Mini muffin pans and paper liners (1 5/8 in. or 41 mm)

1. Preheat oven to 375 F
2. In a medium bowl cream brown sugar, white sugar and butter. Stir in the peanut butter, then add the egg and vanilla and mix well.
3. Stir together the flour, baking soda and salt and stir into peanut butter mixture, a portion at a time, to mix thoroughly and form dough.
4. Shape dough into approx. 1 in. balls and place into lined cups of mini muffin pans.
5. Bake for 8 minutes in preheated oven. As soon as the cookies come out of the oven, press a mini chocolate covered peanut butter cup down into the center of each cookie until it is surrounded by dough on all sides and only the top is showing.
6. Allow cookies to cool completely before removing from their pans.

Note: you can make dough ahead of time and in multiple batches (I always make a double recipe because they go fast and the dough freezes well).

Meet OPNA Business Member

Nancy Hughes

Independent Aflac Representative

I have been a representative for Aflac since 1997. I am a Special Project Coordinator for large accounts such as the City of Albuquerque, Pueblo of Laguna, and the New Mexico Heart Institute. I am licensed with the State of New Mexico, Nevada, Texas, and Missouri. (References are available.)

Aflac provides supplemental benefits to employees/individuals at no cost to the employer. These benefits provide cash to the policyholders at the time of an accident/illness. There are several programs to choose from such as Disability, Cancer, Critical Care, Life, Accident, etc.

I provide excellent service to my policyholders. I believe my job is not done at the time of a sale; it's just beginning. I file the claims so that the claim process goes smoothly and they can receive their checks asap as well as being accessible when questions need to be answered.

My family has lived on Dona Rowena since 1992, when my husband Bill and I , moved from Kentucky to New Mexico with our two sons Taylor and Patrick. Taylor is married to Renee Martinez, and they have a beautiful little girl, Hailey. Patrick is a senior at UNM. Bill

For your insurance needs, please call me:

Nancy Hughes, Independent Aflac Representative

3620 Wyoming Blvd., NE, Suite 102G

Albuquerque, NM 87111

(505) 710-3254

(505) 292-6423 - fax

Shelby's Chocolate Rum

Pecan Pie Recipe

Shelby Vering

- 1 cup Karo syrup
- 1 cup dark brown sugar
- 1/3 tsp. Salt
- 1/2 cup butter melted
- 1 tsp. vanilla
- 4 eggs separated
- 2 cups pecans chopped
- 2 pie crusts
- *3 cups chocolate chips separated
- *1 cup of Captain Morgan's (or any rum of your choice)



(This recipe is for high altitude and will make enough for 2 pies)

Preheat oven to 350

Mix pecans and rum together in bowl and set aside.

Mix together syrup, sugar, salt, butter and vanilla. Separate 4 large eggs. Beat yolks add to syrup mixture. Whip egg whites until fluffy. Fold into syrup mixture. Put one cup of chocolate chips into each unbaked pie shell then put one cup of pecans in unbaked pie shells on top of chocolate chips. Pour syrup mixture over pecans. Bake 45 min. *Note you do not have to add rum or chocolate chips to this recipe.

Ask Opie

Dear Opie, My neighbor saw somebody picking through my recyclables on garbage day. Should I be concerned? Signed, Ima Greene

Dear Ms Greene, According to Lt. Scott Lopez (APD Property Crimes Unit), people are going through curbside recyclables for one of two reasons: some are taking cans and newspapers to sell for a little extra cash and others are taking paper to try to find something useful for stealing your identity. If you do not already shred bank statements, bills, credit card offers, cancelled checks, and other papers that have information a crook can use to get to your money or credit cards, then ask Santa for a cross-cut shredder. Crooks have been known to piece together the long shredded strips just to get account numbers and credit card information! Opie

Dear Opie, One of our wheeled garbage dumpsters was stolen Tuesday morning between 8:50am and 9:30 am when our neighbor put away the one left. It was probably stolen while it was full. I miss my dumpster! What can I do to get it back? Sadd N. Lonely



Dear Sadd, I fear your wheeled One is gone forever. See above letter, second reason, for why it probably was taken. To replace your Personal Residential Wheeled Waste Receptacle, contact 3-1-1. The first time you request a replacement there is no charge. My condolences for your loss. Opie

It's Neighborly (cont. from pg. 3)

Dog feces are one of the most common carriers of the following diseases: heartworms, whipworms, hookworms, roundworms, tapeworms, parvo, corona, giardiasis, salmonellosis, cryptosporidiosis, and campylobacteriosis. According to the U.S. Centers for Disease Control and Prevention (CDC), pet droppings can contribute to diseases animals pass to humans, called zoonoses. When infected pet waste is deposited on your lawn, the eggs of certain roundworms and other parasites can linger in your soil for years. Anyone who comes into contact with that soil—be it through gardening, playing sports, walking barefoot or any other means—runs the risk of coming into contact with those eggs; especially your dog.

Infections from *Cryptosporidium*, *Giardia*, *Salmonella*, as well as hookworms, ringworms and tapeworms. often cause fever, muscle aches, headache, vomiting, and diarrhea in humans. Children are most susceptible, since they often play in the dirt and put things in their mouths or eyes.

Pet waste makes our river water unsafe. Left on the ground, pet waste may wash into storm drains and end up in the Rio Grande. Our river water quality suffers. Pet waste, after being washed into the Rio Grande, uses up oxygen when it begins to decay, causing harm to aquatic organisms and degrading river health. The thing about persistently disposing of stools improperly (or not at all) is that it kicks off a harmful cycle that can affect your whole family—including your pet. Yes, it's "biodegradable," but as it degrades, it goes straight downstream into the river.

When walking with your pet, take a plastic bag or paper cup along and dispose of the waste properly. Flush it down the toilet. Put it in the household trash after securely wrapping it. (Don't use a yard waste container.) Be aware of the Animal Control Ordinance that governs pet waste cleanup – "...waste left by a dog on any property other than the owner's must be cleaned up by the pet owner. If the law is violated, you could be subject to prosecution."

What else can you do? Read the complete article on the OPNA web site (www.osunaparkna.org) for more information and links to helpful sites.

CrimeWatch Report

(cont. from pg. 1)

Several recent property crimes were solved rapidly because of alert citizens. APD advises citizens NOT to confront criminals but to call the police with descriptions, 9-1-1 in an emergency or 242-COPS to report a crime.

The two most common burglaries are auto burglaries (breaking into your vehicle to steal something out of it) and residential breaking and entering (including home invasions, if the residents are at home when the crooks enter forcibly).

About 160 auto burglaries are reported to APD every week. The Night detective Unit is spending time on auto burglaries, since most occur between 11 pm and 7 am. Lock your car when it is parked in your driveway or on the street. Do not leave anything that even LOOKS valuable where a crook can see it, especially purses, cell phones and other electronics. Use a locked trunk, locked camper, cargo cover, or take the items inside each night. When you shop, stow your purchases in the trunk, out of sight. Daytime auto burglaries occur in parking lots when you are shopping, in church, or in a restaurant or bar. In our area auto burglaries have been fairly common in the parking lots of businesses along the major boundary streets of OPNA.

Auto thefts, where the crook steals your vehicle, occur about 20 times a week (down from a previous high of 80/wk). More autos are stolen in winter than in summer because people leave the car running to warm it up while they go back in the house. There are crooks who cruise neighborhoods in cold weather looking for empty cars with engines running. It takes only 30 seconds for a car thief to take your vehicle, which you have conveniently left unlocked, with keys in ignition and already running!

Residential burglaries tend to occur in the

daytime, when most people are at school or at work. Late morning hours are quite popular because even stay-at-homes tend to go out to run errands between 9 am and 11 am. Burglars are opportunists who choose “easy” targets. They don’t like scrutiny when they skulk around your block, which is why you and your neighbors should know each other and watch out for each other – and report suspicious persons to 242-COPS.

The prime way a burglar finds a target is to knock on doors or ring doorbells. If you are home, go to the door and talk through the door – do NOT unlock it. If someone suspicious comes to your door, they will have an excuse for being there. Sometimes the excuse gets them inside to use your phone or to sell you something (and case the premises). Kids strange to your neighborhood selling typically stale candy are another ploy to see if you are home. If you don’t answer the door, the burglar may go wherever he or she spots a weakness -- a door to kick in, a garage door open just a crack, sliding doors, side doors, entrances hidden by shrubbery or fence.

They can be in and out in a matter of minutes, taking your computer, your jewelry, your guns, your big TVs, your Wii, etc. Other items they like are papers and credit cards that give them access to your identity and your money! APD estimates about 90% or more of property crimes are drug-related. The actual burglars are often drug addicts desperate for cash to buy the next hit. APD says many stolen items go to middlemen who sell the loot on Craigslist or your identity to someone in another state. Even when captured, a property crimes offender can bail out of jail quickly and commit more burglaries before he or she comes to trial. It can take 11 months to get a conviction. Be vigilant! Help prevent burglaries!

FOR MORE INFORMATION ON THE OSUNA PARK NEIGHBORHOOD ASSOCIATION:

Contact "Ask Opie" or any of the Board members or Committee Chairs at: opna@cnsnp.com

Contact the officers at:

- President Stephen Smoogen -- smooge@gmail.com
- Vice President Camron Lewis -- cjsrlewis@comcast.net
- Treasurer Terry O'Brien -- terryroscoeobrien9@gmail.com
- Secretary Penny Hoe -- hoebeau@cnsnp.com

Check the OPNA web site at www.osunaparkna.org for:

- Activities & Meetings
- Archived issues of OPNA newsletters
- Business members (contact info & profiles)
- CrimeWatch
- Membership information & application
- Neighborhood history
- Resources & Links (including important phone numbers)
- to City information & APD Crime Prevention sites

For OPNA Office Use

OPNA Membership Application

Please Print Clearly

For OPNA Office Use

Date Filed _____

____ Excel ____ Map ____ Bag

____ Email ____ Receipt

Last Name _____ First Name(s) _____

Street _____ Albuquerque NM 87 _____

Phone _____ e-mail _____

Yes! Please add me to the e-mail list.

Membership Type: Residential, Own or Rent (\$12/year) New Member

Business (\$24/year) Renewal

My TOP THREE CONCERNS about the Osuna Park Neighborhood are:

(1) _____ (2) _____ (3) _____

Please check all areas in which you are interested and/or are willing to help:

- Traffic Issues
- Neighborhood Watch
- Meeting Set-up & Arrangements
- Telephoning Neighbors
- Publicity & Signs
- Crime Issues
- Other: _____
- Newsletter & Distribution
- Advertising & Fundraising
- Beautification/ Clean-up Day
- Membership Committee
- Web Site Maintenance
- Social Events (Movie Night, etc.)

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